

Jobs, Friends, & Leisure Time

Grade Level	Eighth
Minimum Time Required	40 Minutes
Materials/Resources	"Recreational Activities Questionnaire" activity sheet
Subject Area(s)	Guidance

Project Description:

1. Many people spend most of their time with co-workers and make friends through their recreational interests. The physical aspects of their jobs make some activities possible or more attractive. Sharing common interests is one way to make friends and affects how one spends leisure time. Administer the questionnaire to aid students to focus on the relationship between career plans, friends, and use of leisure time.
2. Process student responses to the questionnaire.
3. Present the following examples or personal experiences pertaining to jobs, friends, and leisure time and discuss.
 - a) The conflict of being a flight attendant whose schedule varies from month to month and being interested in a bowling or tennis league. How important are these kinds of decisions when considering career interests? How would you feel if most of your friends could join and you couldn't?
 - b) A person wants to attend classes in woodworking and cabinet making but their job requires traveling a great deal on variable schedules.
 - c) Your friends run five miles a day and lift weights three times a week. You are a construction worker and you are physically tired at the end of the day. How does this affect your friendship?
 - d) You enjoy playing cards and games. Your best friend hates playing cards and games. Would you expect her to play anyway? Would you share activities with her that you don't particularly like?
4. Ask students to volunteer examples in which choice of friends or vocation might affect use of leisure time.
5. Summarize by reiterating the importance of considering the influence of your friendships and job on your leisure time.

Career Development Standard	Knowledge of the importance of growth and change.
Career Development Indicator	Describe the importance of career, family, and leisure activities to mental, emotional, physical, and economic well being.
Delivery Level	Introductory
Academic Standards	
Language Arts	2.4.a Write to clarify what is known about various topics. 4.1.b Present oral information in a logical and coherent manner. 4.2.c Use recognized conventions/mechanics of language in personal communication.
Employability/SCANS Skills	Basic Skills Interpersonal Skills Thinking Skills
Assessment/Rubric	Students will be able evaluated on completion of the worksheet and class participation.

Submitted by: Career Kits for Kids-Grade 8

Recreational Activities Questionnaire

Activity Sheet

1. Most of my friends:

- a. share **most** of my interests and activities
- b. share **some** of my interests and activities
- c. share **few** of my interests and activities

2. In choosing a career, I would consider my recreational activities:

- a. to be a **very important** consideration
- b. an **important** consideration
- c. **not** an **important** consideration

3. I would like:

- a. to **increase** my recreational activities
- b. to **keep the same** activities
- c. **not** to **increase** my activities

4. One thing I would like to be good at is:

5. One thing I would like to spend more time doing is:

6. How do your friends or job affect number 4 and 5?
